

The Art of Redesign

5 Simple Steps to No-cost Redecorating

Foreword

By Hellen Buttigieg, Certified Professional Organizer, Life Coach and TV Personality

When I first met Val Sharp, I didn't realize how much I would learn from her. After all, I'd been running my professional organizing business for several years and was hosting a hit television show. However, being a life-long learner, I'm always open to adding new skills to my toolbox, so I took her five-day course. Wow! What an experience.

In her warm, friendly style, Val taught me how to transform a house into a home with little or no money. She is not only a talented redesigner, but a person who truly cares about creating homes that people love. I don't know who was more excited about the makeovers we did – the homeowners or us.

In *The Art of Redesign*, Val takes you back to basics and shows you how you can truly have a home that works for you and your family, without buying anything new – what a concept! Just by following her five easy steps, you too can have a home you love right now.

Everything I learned in Val's five-day course is packed into this easy-to-read book. The inclusion of real client stories and photos brings the concepts to life and makes them easy to understand.

Written in a conversational style, the book is nicely laid out and easy to understand. The before and after pictures are clear and dramatic – and who doesn't love a great reveal! Not only will this book teach you how to redesign, it will also help you understand what it is and how much impact it can have in all areas of your life.

As a personal coach, I really appreciate the coach in Val as she tells her inspiring stories from redesign experiences. Redesign is not just about decorating. It's about highlighting the things you love in your home, and making it functional for the people who live there. Yes, your rooms will look beautiful, but more importantly, your rooms will feel so good you won't want to leave them.

I would recommend this book to any do-it yourselfers who want to use what they have so they can save money, save the environment and express their creativity.

If you care about your home, and recognize the important role your environment plays in the health and well-being of all who live there, read this book. It could change your life.